



Hello Springtime!



Group Connection

FEBRUARY

24th Discounted "Day at the Hogle Zoo" Group Connection

Tickets Provided.

MARCH

17th "Safety on the Road this Spring" with Cockayne Law Group Connection

APRIL

9th Annual HV Spring Egg Hunt Group Connection

MAY

To Be Announced



SPRING IS THE INTRODUCTORY SEASON OF THE YEAR

Home Visitation Team

What happens in Spring? Wearing T-shirts, shorts, dresses and a light jacket will work perfectly. Lightweight clothing is more suitable for spring. Since the temperatures are warming up, heavy clothing will no longer be needed. Of course, you will need to throw in a lightweight jacket for the cool evenings. Spring is considered an awakening or rebirth. Many fun things happen during the spring season. Springtime flowers begin to bloom, days start to get longer, the temperatures start to rise. It's the time of year when people get to come outside and do fun activities again especially after a long, and harsh winter.

ALL CHILDREN WILL LEARN, GROW, AND DEVELOP TO REALIZE THIS FULL POTENTIAL.

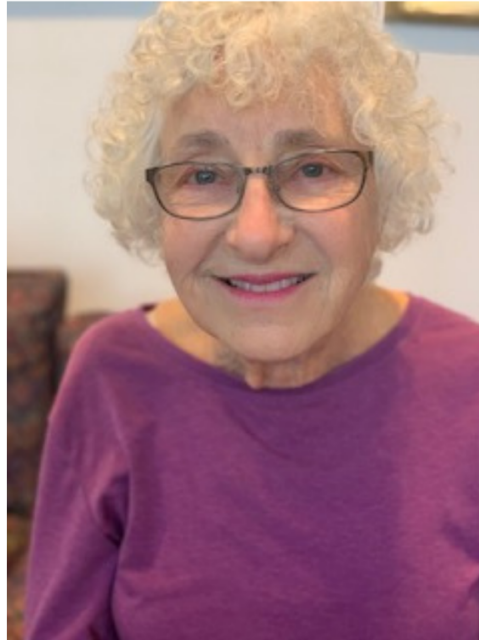
Parents As Teachers



Spring Things To Do



Welcome Wilma to the Home Visitation Advisory Board

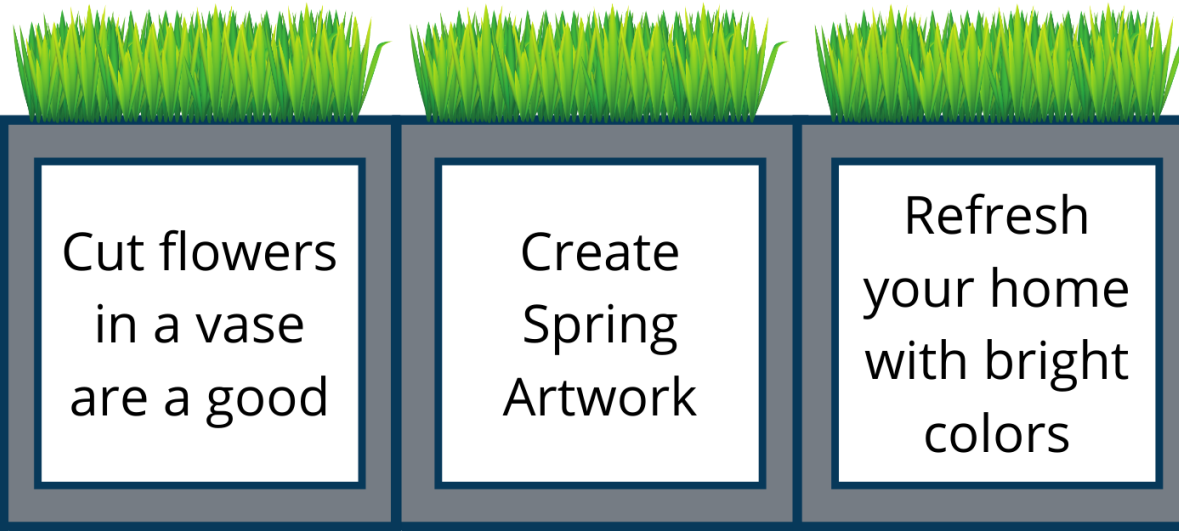


Children's Service Society of Utah Home Visitation (HV) welcomes Wilma Odell!

She is a great addition to the HV Advisory Board with her wealth of knowledge and rich experience.

She received her B.A. in Sociology, minor in Psychology at Rutgers University, a Certificate of Secondary Education, and Masters at University of Utah. Wilma has been a Resource Teacher, Vocational Tutor, and High-risk Program Coordinator amongst the many positions she's held.

Many years ago she referred a refugee family that graduated from the HV program and recently referred another refugee family. We look forward to continue this collaboration with Wilma!!



This Spring...



Finding Self Care



Write in your
journal

Take a daily
walk



Turn off your
device for an
hour



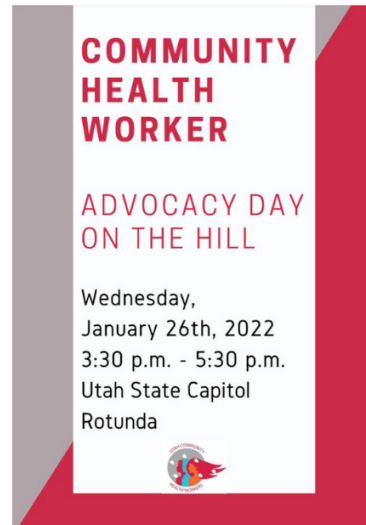
Take 15
minutes to
your self

Improve your
sleep, take a
nap



Play Music,
Sing, Dance

CHW Advocacy Day at the Hill



After 10 years of hard-work, the bill is being recognized officially in the State of Utah, the work of Community Health Workers (CHWs) was presented. S.B. 104 Community Health Worker Certification Process moves to the next step.



Utah Community Health Workers

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Thank you Utah Diaper Bank!



Children's Service Society of Utah Home Visitation (HV) thanks Victor at the Utah Diaper Bank for donating to underserved diverse families and for their ongoing service to the state of Utah!

This one time diaper donation will assist struggling families in need.

We appreciate it!!



Did you know 1 in 3 US families with young children struggles to provide enough diapers to keep a baby or toddler clean, dry, and healthy?



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Thank you Rumor Advertising



From: Home Visitation



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Home Visitation

Children's Service Society of Utah Home Visitation (HV) thanks HV Advisory Board Member, Lorie O'Toole, and Rumor Advertising for sponsoring the plastic filled eggs for the HV Annual Spring Egg Hunt

RUMOR

Thank you Hillcrest High School



Children's Service Society of Utah Home Visitation (HV) appreciates Hillcrest High School Key Club an After School Program dedicated to learn about non-profit organisations. High School students learned about the history of Children's Service Society, the Social Services offered, and career options offered.



Parent Tip: Read and Say
Nursery Rhymes Together

Thank you Hillcrest High School



Ashima Puri and Hillcrest High School students took the initiative to reach out to Children's Service Society of Utah requesting to donate gently used children's books to Home Visitation for they Key Club's project.

Mrs. Edmonds, a dedicated high school teacher leads the Key Club, an ongoing after school program that has been actively running for years at Hillcrest. Thank you Key Club!



Preschoolers and Kindergarteners generally shows an interest in reading if they have early experiences.



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Resources

Covid 19 Updates



Getting a shot can be scary for kids. Here are some tips to comfort your child before, during, and after their shot.

Before

- Be honest with your child: Shots can pinch or sting, but they don't hurt for long.
- Help your child see vaccines as a good thing. Tell them vaccines keep them safe from germs that might make them sick.
- Don't tell your child scary stories or make threats about shots.



During



- Bring a favorite toy or blanket for your child to hug.
- Hold your child in a comforting position, such as on your lap.
- Distract your child, such as with a story, a video, or a conversation.
- Ask the vaccine provider if they have a numbing ointment or spray to apply before the shot.

After

- Hug and praise your child.
- Remind your child why vaccines are good. Tell them their body is already making germ fighters to keep them safe and healthy.
- Consider rewarding your child, such as with a sweet treat or a sticker.



For more information, visit [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus).



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Resources



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Utah 
2-1-1
Get Help. Give Help.



FEBRUARY VIRTUAL NALOXONE TRAINING

APPRECIATING
RELATIONSHIPS
IN CONJUNCTION WITH



USARA
Utah Support Advocates
for Recovery Awareness

FEBRUARY 28, 2022

Please join us for one of our free virtual naloxone trainings in February with our cherished partners at USARA. We encourage community members from around the state to join us to learn when and how to save a life from an opioid overdose. Naloxone is legal for all of us to have in Utah.

AGENDA

February 28th from 4 - 5pm- Basic Naloxone Training for community members to learn how to use a Naloxone Rescue Kit to rescue someone from an opioid overdose (pain pills, heroin, fentanyl) - End Users
Pre-register for the training event, "attend" the virtual training, and we will send you a free injectable naloxone rescue kit, a Utah Naloxone heart themed t-shirt, and a bumper/window sticker so folks know you are prepared to save a life around you. All information collected is completely confidential.



ZOOM LINK

tiny.cc/r1onuz



BREAK THE CHAIN

NEW & FREE PREVENTION CLASS
FOR HIGH SCHOOL TEENS AGES 14-19

6 - WEEK WORKSHOP
MONDAYS & WEDNESDAYS

@ 4PM - 5:30PM ONLINE
@ 6PM - 7:30PM IN-PERSON
(complete registration for location information)

CLASSES BEGIN JANUARY 24



For registration details and more information regarding this class, contact

Mary Smith marasmith@slco.org
CALL: (385) 468-4525
TEXT: (385) 262-4046

- Increase ability to **plan a healthy lifestyle**
- Earn gift card **incentives** & prizes
- Eligible for **community service fulfillment**

Learn about the **social & health consequences of drug misuse**

Receive **motivation & enhancement strategies (e.g., health as a value)**

Gain **active listening, effective communication, stress management & coping skills**

Explore **tobacco cessation techniques**

Implement **self-control and decision making to counteract risk factors for drug abuse**

taxhelp
UTAH

Resources



Children's Service
Society of Utah



**Building
Blocks**

FREE & DISCOUNTED CHILDCARE

Children's Service Society recently purchased a
childcare center in Taylorsville, Utah
called "Building Blocks" and is now accepting
applications for enrollment!

Learn more and apply at cssutah.org/buildingblocks

