



Building Blocks

A Childcare Center of
Children's Service Society



Children's Service
Society of Utah

January 2022



BIG CHANGES

Welcome to a new year! We hope everyone had a great holiday break and are ready for a new year of fun and learning. Open Enrollment is now here, and with Ms. Marley's classroom being ready, we are now accepting students into the preschool program. Preschool will run from 9 a.m. until 12 p.m. Monday through Friday. It is recommended, for the best learning opportunities for your children, that your preschooler attends every day and is on time. Breakfast is from 8 am until 8:45 am, so please make sure your children are on time if they need to eat breakfast with us. We also have a new phone number, which is 385-388-4993. Plus, a new logo for the center which can be seen at the top of the page.

We are excited to continue caring for your children!

- The Building Blocks Team

Important Reminders

We have a new phone
number:
(385) 388 - 4993

Marley's preschool class
is ready and accepting
new students.

We will close for
Martin Luther King Jr.
Day on January 17th

Open Enrollment is
here!



WINTER CLOTHES

Due to the chilly weather we've been having, we would like to remind everyone to send their child with complete winter gear for outside time, including:

- Waterproof Jacket
- Snow pants
- Snow shoes
- Hat
- Gloves
- Extra change of socks

While we will **NOT** be going outside with several inches of snow on the ground. When possible, we will give the options for kids to be outside during the colder months. Having these extra clothes helps us stay in compliance with licensing, and give your child the chance to exercise and appreciate the outdoors!

2022 Holiday Closure

We are closed the following dates:

Martin Luther King Jr. 1/17/2021

President's Day 2/21/2022

Memorial Day 5/30/2022

Independence Day 7/4/2022

Pioneer Day 7/28/2022

Labor Day 9/5/2022

Thanksgiving Weekend 11/23-25/2022

Winter Break 12/26-30/2022 - we return on 1/2/2023.

*These dates are subject to change. We will reach out and notify you if they do.



Building Good Self Esteem

Children benefit from loving consistent adults in their lives. As parents and caregivers, we can raise confident children in a few ways. You can help nurture feelings of acceptance, allow your children to feel in control, grow their sense of self worth, and encourage their sense of competence. Each of these areas are the building blocks of positive self esteem.

To help your child feel accepted, give them your complete, undivided attention when they talk to you, answer their questions directly and honestly. If you are busy, explain when you will be available to them, and then honor that commitment.

Allowing your child the power to choose gives them a sense of control over their lives and helps them develop a sense of responsibility and self

motivation. Give them options that you're okay having "no" as an answer. Model appropriate impulse control behaviors, and talk to your children about strong feelings and ways to handle them to help them develop self-control.

When nurturing their feelings of self worth, consider how you react to your child when accidents or misbehavior happens. Practice responding in a positive way and treat these situations as a teaching opportunity, and you'll be surprised at how much your child will grow into an empathetic, solution oriented individual!

For building their sense of competence, give your child a task they're willing and able to complete, and then don't correct them. Instead lead them through the activity and help them problem solve. This will help them confidently navigate future situations.