



## at Children's Service Society



## **Provider & Community Links**

#### Winter Quarter Newsletter

#### January, February & March 2017

#### CAC at CSS Staff

Encarni Gallardo-Program Director Sarah Hansen- Resource & Data Coordinator Ting Kofford- Referral & **Community Specialist** Ana Santiago- Referral Specialist, bilingual Lyn Barker- Quality Improvement Program Coordinator Aida Peñúñuri- Quality Improvement Consultant, bilingual Sonia Aguilera- Family Program Coach, bilingual Sian Anderson- CDA Consultant/Provider Coach Barbara Johnson- Early Childhood Specialist Nelly Nunez- Early Childhood Specialist, bilingual Lilian Madrid- Program Assistant, bilingual Sandy Craft- Professional Development Coordinator Denise Waagen-Professional Development **Specialist** Mary Corpuz- Instructor Carolyn Clark- Instructor Lynn Curtis- Instructor Carolyn Ellsworth-Instructor Ilse Wilson- Instructor Leticia Pedersen-Instructor Laura Morris- Instructor Melinda Jacobson-Instructor Adam Cunningham-Instructor Heather Adams- Instructor

Molly Poirier- Instructor

## ASQ's parent-centric design yields unparalleled accuracy and efficiency.

Ages & Stages Questionnaires, Third Edition (ASQ-3) is a developmental screening tool designed for use by early educators and health care professionals. It relies on parents as experts, is easy-to-use, family-friendly and creates the snapshot needed to catch delays *and* celebrate milestones.

#### ASQ-3 questionnaires

- are available in English and Spanish
- take just 10–15 minutes for parents to complete and 2–3 minutes for professionals to score (instantly if completed Online)
- capture parents' in-depth knowledge
- highlight a child's strengths as well as concerns
- teach parents about child development and their own child's skills
- highlight results that fall in a "monitoring zone," to make it easier to keep track of children at risk

#### Programs across the country rely on ASQ-3 because it's

- highly valid, reliable, and accurate
- cost-effective
- easy to score in just minutes
- researched and tested with an unparalleled sample of diverse children
- a great way to partner with parents and make the most of their expert knowledge
- fun and engaging for kids

Have questions about how to utilize the ASQ-3 in your program? Contact your local Care About Childcare @ 801-326-4403 or the state Developmental Screening Program Coordinator, Justin Nuckles, at jnuckles@utah.gov



All Care About Childcare programs are funded by the Federal Child Care and Development Fund, the Department of Workforce Services, and the Office of Child Care.

## Important News

Care About Childcare is now accepting appointments for your **Live Scan Fingerprinting** needs. In order to use CAC services you will need to schedule an appointment. To schedule your appointment please call 801-355-4847

#### Things you need to know before your appointment:

- You need to call Child Care Licensing and pay the \$37.00 FBI processing fee for each scan that needs to be completed-for those over the age of 18 –You can call Child Care Licensing at 801-273-6617 to make a payment over the phone
- Submit, authorize and pay for the Background Screenings which have a fee of \$15.00 per person- for those over the age of 12- You can call Child Care Licensing at 801-273-6617 to make a payment over the phone
- When scheduling your appointment with CAC, please tell us the exact name **AND LOCATION** of your program such as: "Center #1" or "Center #2" or if the city it is located in is part of the name i.e. Riverton, Sandy, Redwood etc.

#### When you come to your appointment you will need to bring:

- A copy of the receipt stating your fees have been paid- there are times we don't see a payment has been made even though it has. A copy from you helps expedite the process.
  - State Issued I.D. such as: a Driver's License, Military I.D., or an Identification Card

#### Hours we are available:

- Monday 2:00 p.m.- 6:00 p.m.
- Tuesday 2:00 p.m.- 6:00 p.m.
- Wednesday 2:00 p.m.- 6:00 p.m.
- Thursday 2:00 p.m.-6:00 p.m.
- Friday 2:00 p.m.- 6:00 p.m.
- The third Wednesday of each month 7:00 p.m.-8:30 p.m. **REMEMBER by appointment only!**

If you choose to use other agencies to complete your fingerprints you may do so. Below are the instructions and information you will need:

- **By ink:** You will need to hand deliver or mail ONE copy of each card to Child Care Licensing. You can pay the fee at that time or over the phone. There are two options for getting your ink cards to Child Care Licensing:
  - You may hand-deliver to 3760 S Highland Drive. DO NOT MAIL TO THIS ADDRESS
  - To mail your ink cards send them to: PO Box 142003, Salt Lake City, Utah 84114-2003.
- Live Scan Site: If you chose to go to a different location, not CAC, you will need to bring this code with you: **B2086** and give it to the agency doing your scan. This code links your prints to the Department of Health

If you have any questions feel free to give us a call-801-355-4847

Thank you- we look forward to hearing from you soon!

Your CAC staff





### Welcome! Denise Waagen our new Professional Development Consultant

I am thrilled to be working here at Care About Childcare at Children's Service Society. I have been in the child care profession for almost 6 years working mainly with infants and toddlers and as an assistant director. I am so excited about this new opportunity!

I was born and raised in Salt Lake City. I really enjoy spending time with my two dogs, crafting and taking vacations.

## Congratulations to the following providers for receiving Professional Development Awards! January – March 2017

Career Ladder Recipients				
Alyson Almond – Level 1 Lia Alvarado – Level 1 Zoe Bartmanowicz – Levels 1-4 Kerstine Boman – Level 10 Sandee Burnham – Level 8 Evedith Castro – Level 4 Katelyn Clements – Level 4 Sarah Dillard – Level 4 Sara Dirkes – Level 10 Jacqueline Duque – Level 1 Maria Flores – Level 2 Natalie Fuell – Level 3	Grecia Garcia-Vela – Levels 2-3 Sarah Hausman – Level 9 Sharnae Hayes – Levels 1-3 Gwendolyn Hull – Level 3 Jerra Ingersoll – Level 4 Brooke Inkenbrandt – Level 1 Elizabeth Lang – Level 1 Sunny Ledding – Level 3 Lana McClure – Level 3 Lana McClure – Level 1 Emily Miller – Levels 4-7 Angela Nelson – Levels 2-9 Cindy Ortega – Level 6 Victoria Ortega – Level 4	Mary Orton – Levels 5-9 Sandra Perez – Levels 6-7 Elizabeth Ranquist – Level 3 Danae Reyes – Level 4 Courtney Reynolds – Level 10 Francisca Romero-Gonzalez – Level 3 Jessica Sisson – Level 3 Tiffany Sutphen – Level 3 Tiffany Sutphen – Level 10 Devini Tait – Levels 2-4 Hope Webb – Level 7 Michela Weeks – Levels 1-2 Jessica Whyte – Level 7 Jennifer Whyte-Frederickson –		
		Level 7		

### **Career Ladder Endorsement Recipients**

Katelyn Curtis – IT Janise Howard – IT Deborah Locher – GEW Brisa Lopez – IT, SR Devlin Murdock - CD

#### Mackenzie Murdock – CD Josephine Plotner – TBP Renuka Rai – IT Jessica Sisson – IT Hope Webb - GEW



### **Professional Development Award Recipients**

Alamos, Carmen Albrecht, JoAnne Almond, Alyson Alvarado, Lia Anderson, Lindsey Angeli, Courtnie Babalis, Marie Bardin, Heather Barney, Taylor Bartmanowicz, Zoe Bellis, Rebecca Boman, Kerstine Brown, Ada Burnham, Sandee Carrero, Yolanda Chase, Kristeen Christensen, Amv Christofferson, Barbra Clark, Carolyn Corsini, Miriam Cox, Shirley Dershhowitz, Sarah Dirkes, Sara Duque, Jacqueline

Escudero, Ana Espinoza, Laura Ferre, Bernice Flores, Maria Frehner, Patty Fuell, Natalie Galvan, Maria Garcia, Norma Godfrey, Kristine Hamilton, Elizabeth Hanzon, Michelle Harris, Peggy Harris, Sabrina Harrison, Corina Hayes, Sharnae Hernandez, Adriana Higgs, Marjorie Howland, Barbara Hull, Gwendolyn Ingersoll, Jerra Jorgensen, Lea Josipovic, Nermana Kelsey, LeeAnne

Lackovic, Dobrisava Landolfi, Amanda Lang, Elizabeth Larsen, Kathleen LeClaire, Katherine Leindl, Tiffany Lopez, Katia Marrero, Aurora McClure, Lana Mead, Danette Mendez, Rosario Miller, Emily Montgomery, Denise Nelson, Angela Norlund, Rita Olson, Kayleen Orton, Marv Perez, Carolyn Perez, Sandra Rai, Renuka Ramos, Andrea Ranauist, Elizabeth Reeves, Miranda Reyes, Danae

Roberts, Mary Rollins, Cheryl Romero, Claudia Romero-Gonzalez, Francisca Ruiz, Ana Santistevan, Tasha Schiwal-Huerta, Tammy Scott, Miranda Scow, Janet Sisson, Jessica Soliz, Lynn Sua'ava, Tiana Tait, Devini Tayler, Suzanne Terry, Lindsey Vaccaro Tapia, Leticia Van Horn, Megan Vowles, Shelly Waagen, Denise Weeks, Michela Whyte, Jessica Whyte-Fredrickson, Jennifer Wilson, Ilse





#### **CONGRATULATIONS!**

Did you know that 506 providers received an incentive last quarter for updating their vacancies for two out of three months? (July, August, September)

We would like to thank those that have updated their information! Remember to continue to update your rate and vacancy information and if you update at least twice in a quarter **you can receive an incentive** too ...

You don't want to miss out!

#### Updating your vacancies for parents is simple and benefits your program

Here are a few ways you can update your program's information:

- Go online and do it yourself: <u>CAC Facility Update</u>
- Call to speak with a Referral Specialist:

#### .801-355-4847 or 1-866-438-4847

• Leave a message on our Provider Update Hotline: Call 801-783-5566



#### MAXIMIZE YOUR REFERRALS

Having your **updated** information in our database **may** assist you in receiving additional referrals. Referrals are matched based on your availability and the parents' needs including:

- Transportation to and from schools in your area
  - Ages of children accepted and vacancies
    - Extended hours and weekend care
      - Special Needs care

Don't miss out on referrals. Call us today to update. 801-355-4847 or 1-866-438-4847

#### <u>Felicidades!</u>

¿Sabía Ud. que 506 proveedores recibieron un Libro por actualizar sus vacantes dos de cada tres meses? (Abril, Mayo, Junio).

Queremos agradecer a las personas que has actualizado su información! Recuerde actualizar sus vacantes mensualmente, pero si actualiza al menos dos veces cada trimestre también puede recibir un incentivo!

iUsted no quiere perder la oportunidad!

iCalificar es fácil!

Llame al 801-326-4393 o 801-355-4847 para hablar con una Especialista de Referencias. Llame al 801-783-5566 para dejar un mensaje.

Actualice su información usted mismo en nuestra página de la red <u>www.careaboautchilcare.utah.gov</u>

#### <u>APROVECHE AL MÁXIMO EL</u> <u>Programa de referencias</u>

El tener información actualizada en la oficina de referencias le ayudará a que su programa reciba más referencias. Las referencias se envían basadas en su disponibilidad y las necesidades de los padres.

- Transporte a/o desde la escuela
  - Programa preescolar
- Edades de los niños aceptados y Puestos vacantes.
- Horas extendidas y fines de semana
- Cuidado de necesidades especiales

No pierda la oportunidad de recibir más referencias! Llame ahora al **801-355-4847 Español 801-326-4393** 

## Congratulations to our 2016 Whole Record Update Contest Winners!



Family Support Center– Kidstart \$200 Basket Winner



Kids Academy Preschool Christie Cook \$100 Basket Winner



Smarty Pants Melanie Fedderson \$75 Basket Winner

#### Honorable Mention

### \$20 Lakeshore Gift Card Winners:

Debbie Elmer Nika Nikanpour ABC Great Beginnings– South Jordan Quality Infant Care- Karen Sagehorn Intermountain Child Development Center



Taylorsville High School Preschool \$150 Basket Winner



Jordan High School Child Care Lab \$100 Basket Winner



Ramla Yusuf \$75 Basket Winner Honorable Mention \$20 Lakeshore Gift Card Winners

Ifrah Daule Jordan School District– West Jordan High School Vickie Spradling Watta Sesay Amanda Greenhalgh

Care About Child Care would like to thank you for completing your

Whole Record Update!

## July, August, & September Referrals Given by City/Zip Codes:

Downtown – 84101, 84102, 84103, 84111	19	<b>Magna</b> – 84044	5
<b>University</b> – 84112, 84113, 84108, 84109	1	<b>West Jordan</b> – 84084, 84088, 84081	18
<b>Rose Park</b> – 84116	6	<b>South Jordan</b> – 84095, 84009	2
Glendale – 84104	0	<b>Herriman</b> – 84096	1
<b>Sugarhouse</b> – 84105, 84106, 84115	10	Riverton/Bluffdale – 84065	0
<b>Murray</b> – 84107	6	<b>Draper</b> – 84020	0
<b>Taylorsville</b> – 84123, 84129	16	<b>Sandy</b> – 84094, 84070	8
<b>Holladay</b> – 84117, 84124	4	Midvale – 84047	5
West Valley City – 84119, 84120, 84128	28	<b>East Bench</b> – 84121, 84092 ,84093	4
<b>Kearns</b> – 84118	8	Tooele - 84029, 84074, 84083	4

## July, August, & September Special Needs Referrals Given by City/Zip Codes:

<b>Downtown</b> – 84101, 84102, 84103, 84111	1	<b>Magna</b> – 84044	5
<b>University</b> – 84112, 84113, 84108, 84109	0	<b>West Jordan</b> – 84084, 84088, 84081	16
<b>Rose Park</b> – 84116	4	<b>South Jordan</b> – 84095, 84009	2
Glendale – 84104	0	<b>Herriman</b> – 84096	0
<b>Sugarhouse</b> – 84105, 84106, 84115	1	Riverton/Bluffdale – 84065	0
<b>Murray</b> – 84107	2	<b>Draper</b> – 84020	0
<b>Taylorsville</b> – 84123, 84129	0	<b>Sandy</b> – 84094, 84070	4
Holladay – 84117, 84124	4	Midvale – 84047	0
West Valley City – 84119, 84120, 84128	17	<b>East Bench</b> – 84121, 84092 ,84093	0
<b>Kearns</b> – 84118	1	Tooele - 84029, 84074, 84083	0

## Current Slots and Vacancies

City	Slots	Vacancies
Alta	46	20
Cottonwood Heights	299	24
Draper	895	156
Grantsville	185	23
Herriman	188	30
Holladay	269	100
Kearns	555	129
Lake Point	8	3
Magna	269	44
Midvale	282	65
Murray	935	129
Riverton	662	133

City	Slots	Vacancies
Salt Lake City	5,523	705
Sandy	1,687	337
Snowbird	44	30
Solitude	15	0
South Jordan	605	56
South Salt Lake	37	8
Stansbury Park	188	25
Taylorsville	1,333	217
Tooele	362	45
Wendover	16	2
West Jordan	2,071	283
West Valley City	2,286	559

## Current Number of Programs

City	In Home	Center
Alta	0	1
Cottonwood Heights	3	4
Draper	3	8
Grantsville	1	2
Herriman	7	1
Holladay	6	2
Kearns	18	3
Lake Point	1	0
Magna	9	2
Midvale	4	3
Murray	16	11
Riverton/Bluffdale	5	7

City	In Home	Center
Salt Lake City	44	60
Sandy	27	16
Snowbird	0	1
Solitude	0	1
South Jordan	12	6
South Salt Lake	3	1
Stansbury Park	3	1
Taylorsville	43	9
Tooele	8	2
Wendover	1	0
West Jordan	45	10
West Valley City	77	14



## Training Opportunities from the Child Care Licensing Program

All classes are free. Child Care Licensing offers several different types of trainings. There are no costs for attending any of the classes offered. However, pre-registration is required. If no one is registered within 48 hours, the class will be cancelled. Participants may register by contacting any of the following persons:

- Kathleen Sanders North Region Trainer. She may be contacted by phone or text at
- 801-698-3244 or by email at ksanders@utah.gov.
- Joyce Hasting South Region Trainer. She may be contacted by phone or text at
- 801-828-8497 or by email at jhasting@utah.gov.
- North Region Office by calling 801-273-6617.
- South Region Office by calling 801-374-7688.

Classes are held at venues independent of the Child Care Licensing Program. If you have any questions about the class, please contact the trainer rather than the venue.

**Ongoing rules trainings.** These trainings are offered as a means to help providers and caregivers gain a better understanding of the rules. There are five different sessions that can be taken in any order. None of these classes are required trainings. These classes are separated by license type. A three-month schedule may be found at childcarelicensing.utah.gov.

New providers are required to attend a New Provider Training. These classes review the application process and the steps required to obtain a license. These classes are general classes that can be attended by any provider seeking a license.

New center directors are required to attend a New Center Director Training. This class reviews what the expectations are for compliance with the rules and the responsibilities of the directors.

No children are allowed in classes. These trainings are not conducive to children and are geared for adult learners. Children may be disruptive and make it hard for others to listen. Please make other arrangements for your children.

## Licensed Family and Residential Certificate Licensing Rules Training Schedule

Thank you for your interest in Licensing Rules Training Sessions. These classes are offered to help you better understand the Child Care Licensing rules and their enforcement.

**Pre-registration is required.** If no one is registered within 48 hours of the training date, the class will be cancelled. To register for the class of your choice (see schedule below or on next page):

- Call or text Kathleen Sanders at 801-698-3244 or email at ksanders@utah.gov.
- Call or text Joyce Hasting at 801-828-8497 or email at jhasting@utah.gov.
- Call the North Region office at 801-273-6617.
- Call the South Region office at 801-374-7688.

Classes are held at venues independent of the Child Care Licensing Program. If you have any questions about the class, please do not contact the venue.

**Classes are taught according to Care About Child Care specifications.** In order to receive Career Ladder credit, you must be in attendance for the entire class.

**Classes include hands-on activities.** Participation in all activities will enhance your learning experience and allow you to get the most out of the class.

Training Sessions: Sessions may be taken in any order.

• Session 1: Home Rules Sections: 18-Napping, 23-Diapering, 24-Infant and Toddler Care Additional Topics: Sudden Infant Death Syndrome (SIDS), Safe Sleep Practices, Prevention of Shaken Baby Syndrome, and Abusive Head Trauma

• Session 2: Home Rules Sections: 11-Supervision and Ratios, 13-Parent Notification and Child Security, 19-Child Discipline

Additional Topics: Emergency Preparedness, Caring for Children with Special Needs, Recognizing Signs of Homelessness, and Positive Guidance

• Session 3: Home Rules Sections: 12-Injury Prevention, 20-Activities, 21-Transportation, 22-Animals

Additional Topics: Building and Physical Premises Safety, Precautions when Transporting Children, First aid and CPR Information, Principles of Child Development, and Brain Development

• Session 4: Home Rules Sections: 14-Child Health, 15-Child Nutrition, 16-Infection Control, 17-Medication

Additional Topics: Prevention of Infectious Diseases, Administration of Medication, Allergic Reactions, Handling and Storage of Hazardous Materials, Recognition and Reporting of Child Abuse, and Age Appropriate Feeding

• Session 5: Home Rules Sections 11-24

Additional Topics: Sudden Infant Death Syndrome (SIDS), Safe Sleep Practices, Prevention of Shaken Baby Syndrome, and Abusive Head Trauma, Emergency Preparedness, Caring for Children with Special Needs, Recognizing Signs of Homelessness, Positive Guidance, Building and Physical Premises Safety, Precautions when Transporting Children, First aid and CPR Information, Principles of Child and Development, Brain Development, Prevention of Infectious Diseases, Administration of Medication, Allergic Reactions, Handling and Storage of Hazardous Materials, Recognition and Reporting of Child Abuse, and Age Appropriate Feeding

## Licensing Rules Training Schedule (Family & RC)

December 28 – Salt Lake City	January 12 – Salt Lake City
7:00 p.m. to 9:30 p.m.	7:00 p.m. to 9:30 p.m.
Highland Plaza – Room 241	Highland Plaza – Room 241
3760 South Highland Drive, 84114	3760 South Highland Drive, 84114
Home Rules Session 4	Home Rules Session 1
<i>Trainer</i> – Joyce Hasting	<i>Trainer – Kathleen Sanders</i>
January 25 – Salt Lake City	February 18 – Salt Lake City
7:00 p.m. to 9:30 p.m.	9:00 a.m 3:30 p.m.
Highland Plaza – Room 241	Highland Plaza – Room 241
3760 South Highland Drive, 84114	3760 South Highland Drive, 84114
Home Rules Session 2	Home Rules Session 5
<i>Trainer – Joyce Hasting</i>	<i>Trainer – Kathleen Sanders</i>

### **New Center Director Classes**

Thank you for your interest in attending the New Center Director Training. This class is a required class for new center directors. Current directors are welcome to attend. In this class you will learn how items are accessed, what to expect at inspections and how to find pertinent information on our website and portal. If you are a director of an Hourly or Out of School Time program, please call Kathleen or Joyce, for information about the class you should attend.

January 24 – Salt Lake City	February 22 – Salt Lake City
9:00 a.m. to 12:00 p.m.	9:00 a.m. to 12:00 p.m.
Highland Plaza – Room 241	Highland Plaza – Room 241
3760 South Highland Drive	3760 South Highland Drive
Salt Lake City, UT 84106	Salt Lake City, UT 84106
Trainer – Kathleen Sanders	Trainer – Kathleen Sanders

**Pre-registration is required.** If no one is registered within 48 hours of the training date, the class will be cancelled. To register for the class of your choice (see schedule below or on next page):

- Call or text Kathleen Sanders at 801-698-3244 or email at ksanders@utah.gov.
- Call or text Joyce Hasting at 801-828-8497 or email at jhasting@utah.gov.
- Call the North Region office at 801-273-6617.
- Call the South Region office at 801-374-7688.

Classes are held at venues independent of the Child Care Licensing Program. If you have any questions about the class, please do not contact the venue.

**Classes are taught according to Care About Child Care specifications.** In order to receive Career Ladder credit, you must be in attendance for the entire class.

**Classes include hands-on activities.** Participation in all activities will enhance your learning experience and allow you to get the most out of the class.

## Child Care Center Licensing Rules Training Schedule

Thank you for your interest in Licensing Rules Training Sessions. These classes are offered to help you better understand the Child Care Licensing rules and their enforcement.

**Pre-registration is required.** If no one is registered within 48 hours of the training date, the class will be cancelled. To register for the class of your choice (see schedule below or on next page):

- Call or text Kathleen Sanders at 801-698-3244 or email at ksanders@utah.gov.
- Call or text Joyce Hasting at 801-828-8497 or email at jhasting@utah.gov .
- Call the North Region office at 801-273-6617.
- Call the South Region office at 801-374-7688.

Classes are held at venues independent of the Child Care Licensing Program. If you have any questions about the class, please do not contact the venue.

**Classes are taught according to Care About Child Care specifications.** In order to receive Career Ladder credit, you must be in attendance for the entire class.

**Classes include hands-on activities.** Participation in all activities will enhance your learning experience and allow you to get the most out of the class.

Training Sessions: Sessions may be taken in any order.

• Session 1: Center Rules Sections: 18-Napping, 23-Diapering, 24-Infant and Toddler Care Additional Topics: Sudden Infant Death Syndrome (SIDS), Safe Sleep Practices, Prevention of Shaken Baby Syndrome, and Abusive Head Trauma

• Session 2: Center Rules Sections: 11-Supervision and Ratios, 13-Parent Notification and Child Security, 19-Child Discipline. Additional Topics: Emergency Preparedness, Caring for Children with Special Needs, Recognizing Signs of Homelessness, and Positive Guidance

• Session 3: Center Rules Sections: 12-Injury Prevention, 20-Activities, 21-Transportation, 22-Animals. Additional Topics: Building and Physical Premises Safety, Precautions when Transporting Children, First aid and CPR Information, Principles of Child and Development, Brain Development

• Session 4: Center Rules Sections: 14-Child Health, 15-Child Nutrition, 16-Infection Control, 17-Medication. Additional Topics: Prevention of Infectious Diseases, Administration of Medication, Allergic Reactions, Handling and Storage of Hazardous Materials, Recognition and Reporting of Child Abuse, and Age Appropriate Feeding

• Session 5: Center Rules Sections 11-24

Additional Topics: Sudden Infant Death Syndrome (SIDS), Safe Sleep Practices, Prevention of Shaken Baby Syndrome, and Abusive Head Trauma, Emergency Preparedness, Caring for Children with Special Needs, Recognizing Signs of Homelessness, Positive Guidance, Building and Physical Premises Safety, Precautions when Transporting Children, First aid and CPR Information, Principles of Child and Development, Brain Development, Prevention of Infectious Diseases, Administration of Medication, Allergic Reactions, Handling and Storage of Hazardous Materials, Recognition and Reporting of Child Abuse, and Age Appropriate Feeding

## Child Care Center Licensing Rules Training Schedule

February 9 – Salt Lake City 7:00 p.m. - 9:30 p.m. Highland Plaza – 3rd Floor Auditorium 3760 South Highland Drive Salt Lake City, UT 84106 Center Rules Session 1 Trainer – Kathleen Sanders

## **New Provider Training Classes**

**Pre-registration is required**. Please register for one of the classes listed below. You may choose the class that best fits your schedule. If no one is registered within 48 hours, the class will be cancelled. To register:

- Call or text Kathleen Sanders at 801-698-3244 or email at ksanders@utah.gov .
- Call or text Joyce Hasting at 801-828-8497 or email at jhasting@utah.gov .
- Call the North Region office at 801-273-6617.
- Call the South Region office at 801-374-7688.

Classes are held at venues independent of the Child Care Licensing Program. If you have any questions about the class, please do not contact the venue.

**Doors will be closed after the class begins.** The class will last approximately 2-1/2 hours. In order to receive a certificate of attendance, attendance is required throughout the entire class. If you are late, you will have to reschedule and attend another class.

No children are allowed at the class.

**Read the rules.** In order to help you understand the licensing requirements, please read the rules for the type of license or certificate you are planning to obtain. As you read the rules, you may have questions. Please bring the questions with you so they can be answered. The rules can be found on the Child Care Licensing website at <u>www.childcarelicensing.utah.gov</u>.

December 15 – Salt Lake City 10:00 a.m. to 12:30 p.m. Highland Plaza – Room 241 3760 South Highland Drive Salt Lake Clty, UT 84106 <i>Trainer – Kathleen Sanders</i>	January 25 – Salt Lake City 1:00 p.m. to 3:30 p.m. Care About Child Care at Children's Service Society 655 East 4500 South – Room 200 Salt Lake Clty, UT 84107 <i>Trainer – Joyce Hasting</i>
February 7 – Salt Lake City 9:00 a.m. to 11:30 p.m. Highland Plaza – Room 425 3760 South Highland Drive Salt Lake City, UT 84106 <i>Trainer – Kathleen Sanders</i>	February 22 – Salt Lake City 1:00 p.m. to 3:30 p.m. Care About Child Care at Children's Service Society 655 East 4500 South – Room 200 Salt Lake City, UT 84107 <i>Trainer – Joyce Hasting</i>

## CAC Online Training Registration Instructions

To register for classes online you must first log-in to the Care About Childcare website at <u>https://www.careaboutchildcare.utah.gov</u>. If you need assistance please call 801-326-4403

- Once you are logged-in, choose the Training Calendar link from the menu on the left side of the screen. Each class you see with a shopping cart next to it is available for online registration. Clicking on that cart adds that class to your list. When you are done adding the classes you wish to register for, you must click on the cart in the green box on the top right of the screen. Choose complete registration and follow the instructions to checkout.
- Online registration can only be completed for one person at a time by each person logging-in with their own username and password.
- Be sure to view and/or print your class schedule. Please Note: Online registrations will not receive a confirmation in the mail. Schedules can be viewed by clicking on *My Class Registration* on the menu to the left of the screen.
- Be sure to print your receipt. It is your only option to get a receipt.
- Once logged in you can also view other things such as your transcript of previous classes taken, your progress on the Career Ladder and your Annual Award eligibility date. This is also where family providers and center directors can view and update their CAC Marketing Page and view and submit verification for quality criteria.

If you have any questions about the Care About Childcare website, contact Denise or Sandy at 801-326-4403, <u>denise@cssutah.org</u> or <u>sandy@cssutah.org</u>



## CAC - CSS Winter 2017 Class Schedule

View training schedule online at <a href="http://www.cssutah.org/providers/training">http://www.cssutah.org/providers/training</a>

Class Title & Description	Date & Time	Location	Cost	Credit	Career Ladder
Infant & Toddler Care, Course 1: Infant & Toddlers in Child Care Settings	Jan 4, 7, & 11 Wed 7–9:30 pm Sat 9 am-3 pm	SLCC South City 1575 S. State St. (84115) Room 2-167	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Child Development: Ages & Stages	Jan 7 & 14 Sat 9 am- 3 pm	Salt Lake County Building 2001 S. State St. (84190) Room N4-850	\$16	10 Lic 10 CDA	Level 1
Child Development: Learning in the Early Years	Jan 9, 11, 16, 18 Mon & Wed 7-9:30 pm	Children's Academy 6910 S Highland Dr. (84121) (Located behind Whole Foods)	\$16	10 Lic 10 CDA	Level 1
Professionalism in Child Care-More than Babysitting	Jan 9, 12, & 14 Mon & Thurs 7-9:30 pm Sat 9 am-3 pm	Redeemer Lutheran 1955 E. Stratford Ave. (about 2560 S) SLC (84106)	\$16	10 Lic 10 CDA	Levels 2-3
Special Needs, Course 3: Recognizing Children's Needs & Strengths	Jan 10, 12, 17, & 19 Tue & Thurs 7-9:30 pm	Millcreek Activity Center 4405 South 1025 East (84124)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Advanced Child Development	Jan 10, 12, 17, & 19 Tue & Thurs 7-9:30 pm	University Kids 545 Guardsman Way (1580 E) Sunnyside(800 S) to Guardsman (84108)	\$16	10 Lic 10 CDA	Levels 2-3
From Babysitter to Business Owner-NEW! A <u>Basic/Pre-Service</u> training. Things to consider when deciding if opening a Family Child Care is right for you. Includes business skills, contracts & policies training.	Jan 14 Sat 9 am – 2:30 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	5 Lic	None
Child Development: Healthy Care	Jan 16, 18, 23, & 25 Mon & Wed 7-9:30 pm	Redeemer Lutheran 1955 E. Stratford Ave. (about 2560 S) SLC (84106)	\$16	10 Lic 10 CDA	Level 1
Looking to Learn – Observing & Recording Children's Behavior	Jan 17, 19, & 21 Tues & Thurs 7- 9:30 pm Sat 9 am – 3 pm	Children's Academy 6910 S Highland Dr. (84121) (Located behind Whole Foods)	\$16	10 Lic 10 CDA	Levels 2-3
TOP Star – Targeting obesity in Preschool and Child Care Settings	Jan 17, 19, & 21 Tues & Thurs 7-9:30 pm Sat 9 am- 3 pm	St. John's Dev Center 475 E Herbert Ave (1045 S) (84111)	\$16	10 Lic 10 CDA 1 CEU	Levels 1-8
STAR Night - Divided into 3 sessions: You can participate in any or all 3; Resource & General Store, Technical Assistance, & Training	Jan 18 Wed 5-8 pm	CAC-CSS 655 East 4500 South #200 (84107)	None	1 Lic (only for 7-8 pm training)	None
Creating Good Child Care	Jan 24, 26, 31 Feb 2 Tues & Thurs 7-9:30 pm	University Kids 545 Guardsman Way (1580 E) Sunnyside(800 S) to Guardsman (84108)	\$16	10 Lic 10 CDA	Levels 2-3
Infant & Toddler Care, Course 2: Social & Emotional Growth & Development	Jan 30 Feb 1, & 4 Mon & Wed 7-9:30 pm Sat 9 am – 3 pm	Salt Lake County Building 2001 S. State St (84190) 1/30 & 2/1 Room N3-930 2/4 Room N4-850	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Strong & Smart	Jan 31 Feb 2, & 4 Tues & Thurs 7-9:30 pm Sat 9 am- 3 pm	Children's Academy 6910 S Highland Dr. (84121) (Located behind Whole Foods)	\$16	10 Lic 10 CDA	Levels 2-3
CDA Orientation – A Great Place to Start	Jan 31 Tues 6:30- 9 pm	CAC-CSS 655 East 4500 South #200 (84107)	None	2.5 CDA	None

## CAC - CSS Winter 2017 Class Schedule

View training schedule online at <a href="http://www.cssutah.org/providers/training">http://www.cssutah.org/providers/training</a>

Class Title & Description	Date & Time	Location	Cost	Credit	Career Ladder
Intro to Basic Child Care- NEW! For new Family & Center providers. Principles of child growth & development, best practices for positive guidance, physical activity & nutrition.	Feb 4 Sat 9 am – 2:30 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	5 Lic	None
Working Together	Feb 6, 8, 13, & 15 Mon & Wed 7-9:30 pm	Children's Academy 6910 S Highland Dr. (84121) (Located behind Whole Foods)	\$16	10 Lic 10 CDA	Levels 2-3
Desarrollo Infantil: Edades & Etapas: equivalente a Child Development: Ages & Stages	Feb 6, 13, 16, & 20 Mon & Thurs 7-9:30 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	10 Lic 10 CDA	Level 1
Child Development: Healthy Care	Feb 7, 9, & 11 Tues & Thurs 7-9:30 pm Sat 9 am-3 pm	Kids Kampus 232 West 800 South (84101)	\$16	10 Lic 10 CDA	Level 1
Relationship Touchpoint, Course 1: The First Year-Prenatal to 12 Months	Feb 7, 9, & 11 Tues & Thurs 7-9:30 pm Sat 9 am-3 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
School Age, Course 3: Relationships & Management	Feb 7, 9, 14, & 16 Tues & Thurs 7-9:30 pm	St. John's Dev Center 475 E Herbert Ave (1045 S) (84111)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
A Great Place for Kids!	Feb 11 & 18 Sat 9 am– 3 pm	Kids Park of Stansbury 199 Millpond Tooele (84074)	\$16	10 Lic 10 CDA	Levels 2-3
Guidance & Emotional Wellness, Course 1: Healthy Caregivers	Feb 11 & 18 Sat 9 am– 3 pm	Neighborhood House 1050 West 500 South (84104)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
School Readiness, Course 3: Social Emotional	Feb 13, 15, & 18 Mon & Wed 7-9:30 pm Sat 9 am- 3 pm	University Kids 545 Guardsman Way (1580 E) Sunnyside(800 S) to Guardsman (84108)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
STAR Night - Divided into 3 sessions: You can participate in any or all 3; Resource & General Store, Technical Assistance, & Training	Feb 15 Wed 5-8 pm	CAC-CSS 655 East 4500 South #200 (84107)	None	1 Lic (only for 7-8 pm training)	None
Theory & Best Practices, Course 2: Erikson & Bronfenbrenner	Feb 15, 18, & 22 Wed 7-9:30 pm Sat 9 am- 3 pm	Redeemer Lutheran 1955 E. Stratford Ave. (about 2560 S) SLC (84106)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Learning to Get Along	Feb 28, Mar 2 & 4 Tues & Thurs 7-9:30 pm Sat 9 am- 3 pm	SLCC South City 1575 S. State St. (84115) Room 2-167	\$16	10 Lic 10 CDA 1 CEU	Levels 2-3
Infant & Toddler Care, Course 4: Working with Families of Infants & Toddlers	Feb 28, Mar 2 & 4 Tues & Thurs 7-9:30 pm Sat 9 am- 3 pm	Children's Academy 6910 S Highland Dr. (84121) (Located behind Whole Foods)	\$16	10 Lic 10 CDA 1CEU	Levels 5-8

## CAC - CSS Winter 2017 Class Schedule

View training schedule online at <a href="http://www.cssutah.org/providers/training">http://www.cssutah.org/providers/training</a>

Class Title & Description	Date & Time	Location	Cost	Credit	Career Ladder
It's Child's Play	Mar 4 Sat 10-12:30 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	2.5 Lic	None
It's Child's Play	Mar 6 Mon 6:30-9:00 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	2.5 Lic	None
Child Development: Learning in the Early Years	Mar 7, 9, 14, & 16 Tues & Thurs 7-9:30 pm	Neighborhood House 1050 West 500 South (84104)	\$16	10 Lic 10 CDA	Level 1
Relationship Touchpoint, Course 2: Toddlers 1-2 Years	Mar 7, 9, & 11 Tues & Thurs 7-9:30 pm Sat 9 am- 3 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Theory & Best Practices, Course 1: Maslow & Attachment Theory	Mar 11 & 18 Sat 9 am- 3 pm	St. John's Dev Center 475 E Herbert Ave (1045 S) (84111)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Child Development: Healthy Care	Mar 13, 15, & 18 Mon & Wed 7-9:30 pm Sat 9 am- 3 pm	Precious People 978 East 12300 South (84020)	\$16	10 Lic 10 CDA	Level 1
Guidance & Emotional Wellness, Course 2: Foundations of Emotional Wellness	Mar 14, 16, 21, & 23 Tues & Thurs 7-9:30 pm	University Kids 545 Guardsman Way (1580 E) Sunnyside(800 S) to Guardsman (84108)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
ASQ-Social-Emotional	Mar 14, 16, & 18 Tues & Thurs 7-9:30 pm Sat 9 am- 3 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
STAR Night - Divided into 3 sessions: You can participate in any or all 3; Resource & General Store, Technical Assistance, & Training	Mar 15 Wed 5-8 pm	CAC-CSS 655 East 4500 South #200 (84107)	None	1 Lic (only for 7-8 pm training)	None
Infant & Toddler Care, Course 3: Learning in Infancy & Toddlerhood	Mar 15, 18, & 20 Wed & Mon 7-9:30 pm Sat 9 am- 3 pm	Redeemer Lutheran 1955 E. Stratford Ave. (about 2560 S) SLC (84106)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Child Development: Ages & Stages	Mar 20, 23, 27, & 30 Mon & Thurs 7-9:30 pm	SLCC South City 1575 S. State St. (84115) Room 2-167	\$16	10 Lic 10 CDA	Level 1
The Director's Toolbox	Mar 20, 22, 27, & 29 Mon & Wed 7-9:30 pm	Children's Academy 6910 S Highland Dr. (84121) (Located behind Whole Foods)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
Family Child Care, Course 1	Mar 20, 22, 27, & 29 Mon & Wed 7-9:30 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	10 Lic 10 CDA 1 CEU	Levels 5-8
From Babysitter to Business Owner-NEW! A <u>Basic/Pre-Service</u> training. Things to consider when deciding if opening a Family Child Care is right for you. Includes business skills, contracts & policies training.	Mar 25 Sat 9 am – 2:30 pm	CAC-CSS 655 East 4500 South #200 (84107)	\$16	5 Lic	None

## **CAC - CSS Registration & Training Policies**

- Fill out all information on the registration form. Email addresses are required now to use the system. Only one person per form. Registration form may be copied or download a copy from the CSS web site at <u>www.cssutah.org</u> or call 801-326-4403 to have a form mailed to you. <u>Care About Childcare at Children's Service Society only</u> accepts pre-registration and payment through the mail, no telephone or walk-in registration.
- Mail Registration form with check or money order made payable to Children's Service Society to:

CHILDREN'S SERVICE SOCIETY Attn: Denise Waagen 655 East 4500 South, Suite 200 Salt Lake City, Utah 84107

- Approximately one week after mailing a registration form you will be able to go to the Utah's Caregiver Registry <u>http://careaboutchildcare.utah.gov</u> to check your class schedule or call Sandy or Denise at 801-326-4403. If your email address is current you will receive a reminder email 24 hours before the first session of class(es) you have registered for (Email may go to SPAM (Junk Mail) folder so check there.
- IMPORTANT: Care About Childcare at Children's Service Society (CAC CSS) does not refund course fees for full classes when paid for with one check.
- EXAMPLE: If you send in payment and registration for 4 classes and one is full you will receive a Credit Voucher for the full class. If you send payment and registration for just one class and it is full we will return your check. If you do not wish to receive a Credit Voucher, you must write a separate check for each class you want to register for.
- Pre-paid class fees are non-refundable
- All returned checks will be assessed a fee of \$15.00
- **\*\*** Please be aware that **several class schedules overlap** with each other. CAC CSS will not be responsible for overlapping classes in your schedule. Please double check your schedule to ensure you are not enrolled in two classes that will be taught on the same dates.
- <u>Make-up slots are limited</u>. You may register for two make-ups per quarter.
- ATTENTION CHILD CARE CENTER DIRECTORS: CAC CSS will not be responsible for informing staff regarding the classes their director registered them to attend. If you are filling out a registration form for staff, make sure you make a copy **BEFORE** mailing it to CAC CSS and give your staff a copy.
- The Participant Code of Conduct must be read, signed, and mailed in with each registration form.
- In an effort to help minimize delays with Professional Development Award Applications at CCPDI, all information
  requested on this registration form is <u>required</u> to register for classes at Care About Child Care at Children's Service
  Society. If all of the information is not complete you will not be enrolled into classes until we are able to contact you

## **Training Registration Form**

(ch	pregister by mail, fill out this form, and include your payment heck or money order payable to Children's Service Society), ad send to: Children's Service Society Attn: Denise Waagen 655 East 4500 South, Suite #200 Salt Lake City, UT 84107	in our office tw registration is as many copie <u>One-page for</u>	vo bu. <b>accep</b> es of ti ms wi	by pre-payment only. The regi siness days before the class be ted only by mail or online. On his form as you need, be sure t Il not be accepted. The Particip niled in with each form, for eac	gins. <b>Please reme</b> Ny one person pe to include all thre pant Code of Col	e <b>mber</b> r form. Make e pages.
You	ur full legal name:		Υοι	ur birthdate:		
			Home phone:			
(RE	QUIRED) Email Address:			rk phone:		
Но	me Address:	City, State		•		
Plea	ase circle which type of child care you work in:		Nar	ne of Child Care program/ce	enter you work in	ו:
Otł			(REC (REC	QUIRED) Position: QUIRED) Age Group: QUIRED ) Start Date (date hir		
	I have <u>read, and included a signed copy</u> of the Statewn rm. (The Code of Conduct can be found on page three			icipant Code of Conduc	t with this reg	nistration
	, , , , , , , , , , , , , , , , , , , ,		./	_		Amount
✓	Class Title			Date	Class Fee	Enclosed
	Infant & Toddler Care, Course 1		MU	Jan 4, 7, & 11	\$16	
	Child Development: Ages & Stages		MU	Jan 7 & 14	\$16	
	Child Development: Learning in the Early Years		MU	Jan 9, 11, 16, & 18	\$16	
	Professionalism in Child Care		MU	Jan 9, 12, & 14	\$16	
	Special Needs, Course 3		MU	Jan 10, 12, 17, & 19	\$16	
	Advanced Child Development		MU	Jan 10, 12, 17, & 19	\$16	
	From Babysitter to Business Owner			Jan 14	\$16	
	Child Development: Healthy Care		MU	Jan 16, 18, 23, & 25	\$16	
	Looking to Learn- Observing & Recording Children's Behav	vior	MU	Jan 17, 19, & 21	\$16	
	TOP Star		MU	Jan 17, 19, & 21	\$16	
	STAR Night			Jan 18	None	
	Creating Good Child Care		MU	Jan 24, 26, 31, Feb 2	\$16	
	Infant & Toddler Care, Course 2		MU	Jan 31, Feb 2, & 4	\$16	
	Strong & Smart CDA Orientation		MU	Jan 31, Feb 2, & 4 Jan 31	\$16 None	
	Intro to Basic Child Care			Feb 4	\$16	
	Working Together		MU	Feb 6, 8, 13, & 15	\$16	
	Desarrollo Infantil: Edades & Etapas		MU	Feb 6, 13, 16, & 20	\$16	
	Child Development: Healthy Care		MU	Feb 7, 9, & 11	\$16	
	Relationship Touchpoints, Course 1		MU	Feb 7, 9, & 11	\$16	
	School Age, Course 3		MU	Feb 7, 9, 14, & 16	\$16	
	A Great Place for Kids!		MU	Feb 11 & 18	\$16	
	Guidance & Emotional Wellness, Course 1		MU	Feb 11 & 18	\$16	
	School Readiness, Course 3		MU	Feb 13, 15, & 18	\$16	

□ STAR Night		Feb 15	\$16
□ Theory & Best Practices, Course 2	MU	Feb 15, 18, & 22	\$16
□ Learning to Get Along	MU	Feb 28, Mar 2, & 4	\$16
Infant & Toddler Care, Course 4	MU	Feb 28, Mar 2, & 4	\$16
□ It's Child's Play		Mar 4	\$16
□ It's Child's Play		Mar 6	\$16
□ Child Development: Learning in the Early Years	MU	Mar 7, 9, 14, & 16	\$16
Relationship Touchpoints: Course 2	MU	Mar 7, 9, & 11	\$16
□ Theory & Best Practices, Course 1	MU	Mar 11 & 18	\$16
Child Development: Healthy Care	MU	Mar 13, 15, & 18	\$16
□ Guidance & Emotional Wellness, Course 2	MU	Mar 14, 16, 21, & 23	\$16
ASQ – Social Emotional	MU	Mar 14, 16, & 18	\$16
□ STAR Night	MU	Mar 15	None
□ Infant & Toddler Care, Course 3	MU	Mar 15, 18, & 20	\$16
Child Development: Ages & Stages	MU	Mar 20, 23, 27, & 30	\$16
The Director's Toolbox	MU	Mar 20, 22, 27, & 29	\$16
□ Family Child Care, Course 1	MU	Mar 20, 22, 27, & 29	\$16
From Babysitter to Business Owner		Mar 25	\$16
Office Use Only ( Please DO NOT write in this Date Received:	• •	Total Amount Enclosed:	

The class fees collected from participants is a registration fee and does not offset the actual cost of training. All Care About Childcare programs are funded by the Federal Child Care and Development Fund, the Department of Workforce Services, and the Office of Child Care.

No refunds are available, credit vouchers will be issued to those who cancel at least two days before the class starts and a replacement participant is available.

\*\*<u>PLEASE</u> DO NOT FORGET to Read, Sign & Mail the Participant Code of Conduct\*\*

with each Registration Form (see next page)



#### PARTICIPANT CODE OF CONDUCT Care About Childcare

- Punctuality /Attendance: I understand that I must be in class at or before the time scheduled for class to begin in order to obtain credit for the class. If I arrive after the time that class is scheduled to begin, I can use the time that I was actually in attendance for licensing credit, but I will have to repeat the full 2 1/2 hour session to get Career Ladder credit for the course. This includes returning on time from breaks and lunch. Class will begin when the trainer determines that it is time to start. I understand that if I am not present during the entire class period, I will not receive Career Ladder credit for the session, and will have to repeat the full 2 1/2 hour session in order to receive credit for the course.
- Disruptive Behavior: I will be respectful to all personnel that support the Professional Development System (i.e.: Care About Childcare/CCR&R staff. CCPDI staff, OCC staff, etc.). I will not use obscene, profane, threatening, discriminatory, harassing or abusive language. During class, I will be respectful to the trainer and others in attendance during each class session. I will not engage in any conversation or behavior that is disruptive or disrespectful to the trainer or other participants in the class. I will attentively participate in class. I will not text message or make cell phone calls during class time. I understand that I am required to turn my cell phone and/or other electronic devices off or turn them to vibrate during class time. I will limit all cell phone calls to break time or after class time. I will not engage in disruptive private conversations during class time. If I must bring food or drink to class, I will eat quietly and will not allow food or drink to become disruptive or distracting to the trainer or other trainer.
- Illegal Activity/Health & Safety: I understand that any illegal activity, including behavior that threatens the health or safety of the trainer or another class participant before, during or after class will be cause for my immediate expulsion from class and permanent suspension from participation in the Career Ladder and the Professional Development Award, and that such behavior may be reported to law enforcement. I understand that I may be asked to leave a training if my condition prevents me from participating or is disruptive to the class environment.
- Children: I understand that adult training classes are not a developmentally appropriate environment for children of any age. I will not bring children to class.
- Class Roll: I understand that in order to receive credit for each class session, I must sign my full legal name on the roll before class begins. I understand that failure to do so will result in my not receiving credit for the class session. I understand that I may not sign the roll for someone else.
- **Confidentiality:** I understand that confidentiality is extremely important. I understand that I must keep all names and other identifying information confidential when I am relating a story during class or asking for guidance regarding certain issues. I also understand that it is my responsibility to keep sensitive issues discussed during class in confidence, and not discuss it with family or friends outside of that classroom setting.
- **Refunds**: I understand that class registration fees are non-refundable. I understand that if I notify CAC/CCR&R a minimum of three days in advance that I am unable to attend a course for which I am registered, that my registration fee may be able to be credited toward another class. I understand that it is my responsibility to contact CAC/CCR&R to make these arrangements.
- Non-Compliance: I understand that, in cases of infractions of a minor severity (behavior that has been determined to be disruptive but not illegal), that I will be allowed one issued verbal warning upon the first violation of the above listed rules. I understand that upon the second such infraction, I will be suspended from participation in the Career Ladder and Training and Professional Development Award for one year from that infraction date. I understand that upon the third such infraction I will be permanently barred from participation in the Career Ladder and Professional Development Award System. I understand that upon the first incident of any violation in which I engage in illegal activity (including threatening or intimidating behavior), that I will be permanently banned from participation in the Career Ladder and Training and the Professional Development Award System, and that such action may be cause for intervention by law enforcement and/or other legal action.

6

Print Name	 -
Signature	 Last revised: July 1, 201

Date

## Instrucciones para Registrarse

<u>Cada persona</u> que se matricule en una clase debe <u>firmar el Código de Conducta del Participante y enviarlo</u> <u>conjuntamente con la hoja de registro</u>. Este documento se encuentra en el centro del boletín con la hoja de registro. <u>Usted deberá hacer esto cada vez que se inscriba en una clase.</u>

- 1. Use la página de la red <u>www.cssutah.org</u> o llame al 801-326-4373, pregunte por Aída, para comprobar las plazas disponibles en cada clase que desea asistir <u>antes</u> de enviar su matrícula y su dinero. La matrículas y pagos se aceptarán <u>solo</u> por correo. La matrícula y pago deben recibirse en la oficina <u>2 días antes</u> de la fecha de comienzo de la clase tanto para asistir a una clase completa como para recuperar alguna sesión. Solo los participantes que se han matriculado con anterioridad podrán asistir a las clases de entrenamiento. No se admiten niños o acompañantes. Si usted tiene un bebé que todavía toma el pecho, por favor llame antes de la clase para hacer los arreglos necesarios.
- 2. Complete toda la información en su hoja de matrícula. Solo una persona por hoja. Usted puede hacer fotocopias si necesita más hojas o puede bajar una copia de la página de Care About Childcare, www.cssutah.org Guarde un registro de las fechas y clases en las que se matriculó. Aproximadamente una semana después de haber enviado por una forma de reaistración, podrá Utah Cuidadores: correo ir al Reaistro de para http://careaboutchildcere.utah.gov para revisar su calendario de clases.
- 3. Envíe su matrícula con su cheque o giro postal al siguiente nombre y dirección:

Children's Service Society Attn: <u>Denise Waagen</u> 655 East 4500 South, Suite 200 Salt Lake City, Utah 84107

•Las clases se pagan por adelantado y la tarifa no es reembolsable

• Todos los cheques devueltos tendrán una tarifa añadida de \$15.00

#### De acuerdo con el Acta de Americanos con Minusvalías:

Se proveerán la acomodaciones razonables (incluyendo ayudas para la comunicación y otros servicios) a aquellos individuos que lo soliciten con cinco días de antelación al comienzo de la clase. Por favor llame a Aída 801-326-4373

#### CAC at CSS Clases en Español

Vea nuestro calendario de entrenamiento en línea http://www.cssutah.org/providers/training

Class Title & Description	Location	Date & Time	Cost	Credit	Career Ladder
Desarrollo Infantil: Edades & Etapas: equivalente a Child Development: Ages & Stages	CAC-CSS 655 E. 4500 S. #200 (84107)	febrero 6, 13, 16 & 20	\$16	10 Lic 1 CDA	Level 1

## Clases en Español

## Care About Childcare at Children's Service Society

Nombre Legal:		Fecha de Nacimien	ito:		
		Teléfonos: Casa:			
(REQUERIDA):Correo Electrónica:		Trabajo:			
Dirección:	Ciudad, C	ódigo Postal:			
Por favor marque uno:		Nombre de la guarde	eria donde	trabaja:	
Licencia Familiar Certificado Residencial Licencia Centro Head	Start	(REQUERIDA) Posición: (REQUERIDA) Edad del grupo:			
No es regulada		(REQUERIDA) Fecha en que comezó su empleo vigente:			
**Por favor, firme el contracto de Código de Conducta en la pagina siguiente**					
✓ Class Title		Date		Class Fee	Amount Enclosed
Desarrollo Infantil: Edades & Etapas: equivalente a Child Development: Ages & Stages		febrero 6, 13, 10	16 & 20	\$16	
Office use only (Please DO NOT WRITE IN THIS SPACE)         Date received:          Uvucher         MO         Check         Center         Paid         #         Total Amount Enclosed:					ed:





#### Contrato de Código de Conducta para Participantes durante las Sesiones de Entrenamiento de Care About Childcare at Children's Service Society

Puntualidad/ Asistencia: Entiendo que debo estar presente en la clase a la hora o, antes de la hora establecida para el comienzo de la misma para obtener crédito por la totalidad de la clase. Si llego después de la hora de comienzo establecida, puedo utilizar el tiempo real presente en la clase para obtener crédito para el mantenimiento de mi licencia, pero tendré que repetir las 2 horas y media de la sesión para obtener crédito para el curso de Career Ladder. Esto incluye regresar a tiempo después de los descansos y el almuerzo. La clase comienza cuando el entrenador/a determine el comienzo. Entiendo que si no estoy presente o/y atento durante todo el período de la clase, no obtendré el crédito para mi curso de Career Ladder y tendré que repetir la sesión completa para recibir crédito por el curso.

Comportamiento Desconsiderado: Seré respetuoso con el entrenador/a y hacia los participantes de la clase. No usaré lenguaje abusivo, amenazador discriminatorio, profano u obsceno. No me involucraré en ningún comportamiento que sea desconsiderado o irrespetuoso hacia el entrenador/a o los participantes de la clase. Participaré activamente en la clase. No enviaré mensajes de texto o haré llamadas telefónicas durante la clase. Entiendo que durante la clase, debo apagar o mantener en vibración mi teléfono celular y/ u otros aparatos electrónicos. Limitaré mis llamadas de teléfono a los tiempos de descanso y/o al finalizar la clase. No me involucraré en conversaciones privadas que distraen durante el tiempo de la clases. Si tengo que comer durante el tiempo de la clase, lo haré con cuidado y en silencio, y no permitiré que la comida se convierta en una distracción para el entrenador/a o los participantes de la clase.

Actividades Ilegales/Salud y Seguridad Entiendo que cualquier actividad ilegal, incluyendo cualquier comportamiento que amenace la salud o la seguridad del entrenador/a u otros participantes de la clase durante o después del tiempo de la misma, será causa de expulsión inmediata y suspensión permanente de mi participación en los programas de Career Ladder y Sistema de Desarrollo Profesional, y que ese comportamiento puede ser notificado a las autoridades. Entiendo que se me pedirá abandonar la clase si no estoy en condición de participar en la clase o si mi condición es perjudicial para el ambiente de la clase.

Niños: Entiendo que las clases de entrenamiento para adultos no es el ambiente apropiado para el desarrollo de los niños. Por favor, no traiga niños a clase.

Lista de Asistencia: Entiendo que para recibir crédito por cada sesión, debo de firmar la lista de asistencia antes de que la clase comience. Entiendo que, al no hacerlo, no recibiré crédito por la sesión. Entiendo que no puedo firmar la lista de asistencia por otra persona.

Confidencialidad: Entiendo que la confidencialidad es extremadamente importante. Entiendo que debo mantener los nombres y otra información identificadora confidencial cuando comparto una historia durante la clase o cuando necesito avuda con ciertas situaciones. Tambien entiendo que es mi responsabilidad mantener estas situaciones delicadas que se discuten en la clase confidenciales, y no discutirlas con mi familia y amigos fuera de la clase.

Devoluciones: Entiendo que la tarifa de matriculación de las clases no es reembolsable. Entiendo que si notifico la oficina de Care About Childcare con un mínimo de tres días de antelación del comienzo de la clase, para informarles de que no puedo asistir a la misma, mi tarifa de matriculación puede ser usada para otra clase. Entiendo que es mi responsabilidad comunicarme con Care About Childcare para hacer estos arreglos.

Incumplimiento del Contracto: Entiendo que, en casos de infracciones leves (comportamientos que ha sido determinado perjudiciales pero no ilegales) seré extendido/a una advertencia verbal a la primera infracción de cualquiera de las normas explicadas anteriormente. A la segunda infracción, seré suspendido/a de la participación en el programa de Career Ladder y Sistema de Desarrollo Profesional durante un año desde la fecha de la infracción. Entiendo que después de la tercera infracción me será totalmente prohibido el participar en el programa de Career Ladder o Sistema de Desarrollo Profesional. Entiendo que después de la primera vez que me involucre en una actividad ilegal (incluyendo amenazas o comportamiento intimidante), me será prohibida la participación en los programas de Career Ladder y Sistema de Desarrollo Profesional para siempre, y tal acción puede ser causa de la intervención de las autoridades y/o de acción legal.

#### Entiendo y estoy de acuerdo con las normas expresadas en este documento.

Firma del Participante: \_\_\_\_\_\_ Fecha: \_\_\_\_\_

## Come to our ALL NEW Make & Take Class



We have said goodbye to Exploring Creative Curriculum and are now proud to introduce and welcome It's Child's Play. This is a 2.5 hour make & take class that will be offered quarterly. The class will be focusing on ways to use different materials rather than offering ideas on specific themes. In addition to making the teaching aids in class there will be handouts on how to implement the items you create in your program.

If you invite a friend to register for this class, you'll receive a voucher to attend the next It's Child's Play class for free! (\$16.00 value.) Space is limited so sign-up today!

> Saturday March 4th, 2017 10:00 am to 12:30 pm Or Monday March 6th, 2017 6:30 pm to 9:00 pm

> > This quarter's theme is

Oh, The Wonders of



Come discover the wonderful things children can do with Play Dough and the versatility of this amazing toy! Children of all ages will be engaged in many activities without realizing they are not only playing but actually learning about the world around them. Remember, the sky is the limit when it comes to your imagination!

Classes are held at Children's Service Society 655 East 4500 South Ste. 200 Salt Lake City, UT 84107



## Two New Training Opportunities for New Child Care Providers!

#### From Babysitter To Business Owner

#### 5 hours of Pre-Service, face-to-face training \$16.00

In this family child care course you will learn basic skills to help you develop the foundations of a quality in-home child care program. This is a <u>BASIC/PRE-SERVICE</u> class designed to give an overview of Family Child Care.

Areas of focus include:

- Factors to consider when deciding if opening a Family Child Care is right for you.
- Learning necessary business skills and how to navigate the many helpful websites so you can get the most out of your home child care business.
- The importance and "Many Right Ways" of designing your home environment
- Creating sound, family friendly contracts and policies for your business.
- Supporting families by building trusting and respectful relationships.
- We will discuss Professional Growth, Personal Development and CAC Support opportunities that will help you learn how to make caring for children into a sustainable business venture.

#### Introduction to Basic Child Care

#### 5 hours of new provider, face-to-face training \$16.00

#### UNDERSTANDING THE GROWING CHILD

Basic information for new <u>CENTER & FAMILY</u> Child Care Providers. You will receive 2 1/2 hours of face-to-face Licensing Training Credit for: PRINCIPLES OF CHILD GROWTH AND DEVELOPMENT & ACTIVITIES

You will explore practical ways to promote young children's physical, cognitive, language, and creative development in ageappropriate play and learning activities.

#### MEALS WITHOUT SQUEALS

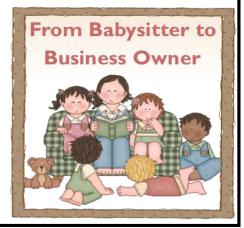
Basic information for new <u>CENTER & FAMILY</u> Child Care Providers. You will receive 2 1/2 hours of face-to-face Licensing Training Credit for: POSITIVE GUIDANCE, CHILD NUTRITION

You will learn best practice regarding positive guidance, physical activity and nutrition for the children in your care.



This class qualifies newly licensed Family Providers for the Family Child Care Reimbursement Start-Up Grant

Check out the training registration form for upcoming dates & times!







**Creative Resources & General Store** with Lilian from 5:00 p.m. to 8:00 p.m.

- \* Check out materials from the Lending Library to use in your program with the children
- \* Laminate for \$.50 cents a foot and purchase materials from the General Store
- \* Learn how to use the die cut machines, CriCut & binding machines

#### **Computer Assistance for Providers** with Sarah from 6:00 p.m. to 6:55 p.m.

- \* Learn to upload your documents & photos for criteria you have completed
- \* Have your questions answered about your Marketing Page or CAC criteria that you are working on

# STAR Night

#### 3<sup>rd</sup> Wednesday of the month from 7:00-8:00 p.m.

- Provider Support and Training
- \* Come learn how to improve the quality of child care in your program
- \* Meet other caregivers and share ideas!
  - Register to attend, materials are purchased based on the number of people registered

#### **STAR Night** is the 3rd Wednesday of every month

#### Regular Hours for the Lending Library: Monday- Friday 8:30- 5:00

#### We Are Located at:

655 East 4500 South Suite #200 Salt Lake City, UT 84107 Lending Library Specialist: Lilian Madrid Phone: 801-326-4377 <u>lilian@cssutah.org</u>



**STAR Night** 

## **PROVIDER SUPPORT & TRAINING**

3<sup>rd</sup> Wednesday of every month **7:00 to 8:00 p.m.** 

- Learn about CAC indicators to improve the quality of your program
- One specific criterion covered each month
- 🚖 🛛 Receive a one hour training certificate

## Wednesday, January 18th

Taxes and Recordkeeping

## Wednesday, February 15th

Radon Assessment

## Wednesday, March 15th

"The program uses sound reducing materials in classroom to reduce the noise level"

## **Registration is required to attend!**

Incentives are purchased according to the number of people attending.

Enroll on line at https://careaboutchildcare.utah.gov/provider/calendar.aspx or call Lilian at 801-326-4377

□ Resource & General Store □ Technological Assistance □ Support and Training

## Provider Training & Resource Contacts

CPR & First Aid Training				
Steve Thorkalson (English & Spanish)	www.utahsafetycouncil.org	801-201-0699		
Save-A-Heart (\$5.00 Discount for Providers)	http://www.saveaheartofutah.com	801-582-7114		
An Act of Caring	http://www.anactofcaring.com	801-598-8370		
American Red Cross	http://www.redcross.org/what-we- do/training-education	801-323-7000		

Food Handlers Permit-\$30.00 fee				
West High School	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday- Bring Cash and your ID	801-578-8518		
Entrada High School	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday- Bring Cash and your ID	801-826-6675		
Taylorsville High School	Wednesday- Bring Cash and your ID	385-646-5461		
On-Line Course	http://www.statefoodsafety.com/	801-494-1416		

Kitchen Inspection-\$60.00 fee			
Salt Lake County Health Department	http://slco.org/health/food-protection/child-care- facilities/	385-468-3845	

New Licensee Training			
Home Provider Training	http://childcarelicensing.utah.gov/forms/All/Home Rules Training.pdf	801-273-6617	
Center Provider Training	http://childcarelicensing.utah.gov/forms/All/Center Rules Training.pdf	801-273-6617	

Food & Nutrition Programs				
Child Care Food Program	http://www.fns.usda.gov/cacfp/child-and-adult-	801-538-7680		
<u>care-food-program</u>				
Helping Hands	http://www.helpinghandsutah.com/	801-955-6234		

Fingerprints				
Care About Childcare	By appointment only	801-355-4847		



## Care About Childcare CDA Program

## Interested in advancing your Professional Development?

Are you a child care provider working in a center or running an in-home program? Are you interested in obtaining your Child Development Associate (CDA) credential, or are you trying to figure out if a CDA is right for you?

In any case, Care About Childcare at Children's Service Society would like to assist you in achieving your CDA.

There is a growing trend for child care providers to show demonstrated competency in the Early Childhood field, and a CDA is a great way to do it! Receiving this credential is not only one of the ways to achieve Level 4 on the Career Ladder, but it will also show your ability to put what you learn into action each day with the children in your care. The services we offer, and materials we provide, are FREE for providers in licensed programs and designed to assist you through each step of the process.

If you believe pursuing a CDA is right for you, or you are still deciding if it is, please register for an upcoming FREE CDA Orientation offered on the Class Schedule for this quarter. The Orientation covers an overview of the process, the eligibility and training hour requirements, what classes to register for next, how the classes you take fit into the Career Ladder system, etc. Also, at the Orientation, you will be able to create an individual plan for the next CDA Support Workshops to attend as well.

Support Workshops cover various topics including:

- The NAEYC Code of Ethical Conduct
- The 6 Competency Standards and 13 Functional Areas as defined by the CDA Council
- The philosophy of Developmentally Appropriate Practice and how it relates to the CDA
- Organization and components of the Professional Portfolio
- Family Questionnaires
- Verification Visit, including the Observation, Reflective Dialogue, and CDA Exam
- Renewal Procedures

As part of the process, everyone interested in a CDA is required to obtain 120 hours of formal early childhood training. In addition to registering for an upcoming CDA Orientation, you can also begin to register for, and attend, classes listed as Levels 1-3, which will put you on track to have almost all of the 120 hours completed.

#### If you have any questions about the support available, please contact the CDA Consultant:

Sian Anderson 801.326.4383 sian@cssutah.org



Thank you for Caring About Childcare and making a difference in the lives of Utah's children.

#### **Provider Coaching Program**

The Provider Coaching program is designed for family and center providers to improve the quality of care in their program. Care About Childcare at Children's Service Society has coaches to assist you in setting and achieving your professional goals. Goals may include achieving criteria on the CAC Quality Indicator program.

Receive on-site support and training hours at no cost to you. Upon the completion of up to 20-30 hours providers will be able to purchase \$400 worth of materials or equipment for their program at NO COST.

Call and find out how you can get started with this educational and rewarding program. Space is limited but a waiting list is available.

#### To receive more information, contact the Provider Coach:

Sonia Aguilera 801-326-4397 / <u>sonia@cssutah.org</u>

El Programa de Entrenamiento para Proveedores está diseñado para mejorar la calidad de los programas de cuidado infantil. Establezca sus metas y trabaje uno-auno con un entrenador el cual le apoyará a alcanzar sus metas profesionales. Sus metas pueden incluir indicadores de calidad de CAC.

Reciba entrenamiento en su hogar sin costo alguno. Al finalizar las 20-30 horas recibirá un equipo PC con un valor de \$400 en materiales para su programa.

Llame y averigüe como puede matricularse y ser parte de este programa. Las plazas vacantes para este programa se llenan rápido, y tenemos una lista de espera.

Para recibir más información contacte a

Sonia Aguilera al 801-326-4397 o sonia@cssutah.org



Of Utah The Professional Family Childcare Association of Utah (PFCCA) provides support and benefits to Family Child Care providers all over the state. We'd love to have you join us!

Thank you to all who attended our Annual Fall Meeting in November! It was a wonderful event and we enjoyed meeting with everyone for the day! We were very excited to honor our PFCCA Provider of the Year for 2016 - **Aurora Marrero**. Aurora is a wonderful provider serving families in West Valley City. Congrats Aurora and thank you for your amazing work with Utah's children!

Online voting for open board positions will be available at <u>PFCCA.org</u> from December 15th to January 15th. Current PFCCA members are encouraged to vote during that period. New board members will be announced on February 1st and will begin their duties on March 1, 2017.

PFCCA Members are eligible for a variety of benefits! Members receive a discount to the annual UAEYC Conference, a free year of membership for providers completing their CDA, professional trainings offered twice a year, discounted NAFCC Membership, and access to our quarterly newsletter.

Chapter Meetings - We continue to provide quality and fun trainings every month at chapters throughout Utah. These trainings count as face-toface trainings for licensing purposes. For more information about your local chapter visit our website at <u>www.pfcca.org</u>

There are 4 Chapters in the Salt Lake and Tooele County Area, including a Spanish speaking Chapter. For information on the closest one to you please check our website.

#### Contact us: PO Box 57931 SLC, UT 84157, 1-800-430-6026

The Professional Family Childcare Association of Utah (PFCCA) provides support and benefits to Family Child Care providers all over the state. We'd love to have you join us!

## Do You Know Someone Who Has Recently Lost Their Job?



Kids In Care Job Search Support Fund is Available To Pay Up To 150 Hours Of Child Care per family. FREE child care for qualifying families!

The goal of the Kids in Care Job Search Fund is to ensure that recently unemployed parents have access to regulated child care at **no cost** while they engage in formal job search activities. Do you have a parent in your program who could use some help?

For Eligibility Requirements or to apply contact Tina Phone: 801-326-4399 Email: KIC@cssutah.org



# **Children's Service Society**

## ADOPTION PROGRAM

### **Adoption Services**



Milo, adopted in 2014

Milo's birth mother felt that caring for her child with severe medical issues was more than she was able to handle, and she chose to place him for adoption. The hospital social worker referred her to CSS because of our positive reputation in the community and our expertise in special needs adoptions. We located a family who had experience with Milo's diagnosis, and they were happy to adopt this beautiful child.

Children's Service Society's adoption program has completed more than 2,700 adoptions since 1930. We take great pride in the ethical nature of our adoption services; and more than just following our state laws, we strive to meet high standards of social work practices. It is in part because of these values that CSS is the only private agency in the state of Utah contracted to write home studies for the Utah Division of Child and Family Services.

## Connections

Our Connections program is invested in more than just helping CSS's former clients to reunite with biological families separated by adoption. Currently all adoption records in Utah are sealed whether a birthparent wants them to be or not, despite the majority of today's birthparents requesting an open adoption. The Connections program has worked very hard, though yet unsuccessfully, on a bill to allow adoptees access to their adoption records. CSS will continue to strive towards creating ethical adoption practices for all involved in the State of Utah.

#### CSS Adoption Services include:

- Ethical options counseling
- Post-adoption birth parent counseling
- Domestic infant and special needs
   adoptive placements
- Home studies for Utah DCFS
   adoptions
- Domestic infant home studies
- Domestic special needs home studies
- International home studies
- · Post-placement services

#### CSS Connections services include:

- Confidential intermediary services
- Non-identifying information reports

Since its creation in 2002, the Connections program has helped to facilitate more than 100 adoption reunions. Do you know someone with an *unplanned pregnancy*? Adoption is an option. To speak with an options counselor for free call or text 801-656-8527.

Below: A Children's Service Society birthmother and adoptive family visit with each other at a local park.



## **BRINGING HOPE AND HEALING TO FAMILIES**

# EMPOWERED TOCONNECT CONFERENCE

PRESENTED BY SHOW HOPE

### SIMULCAST | APRIL 28-29, 2017

#### EQUIPPING FAMILIES, CHURCHES, AND PROFESSIONALS

TO BETTER SERVE CHILDREN IMPACTED BY

#### **ADOPTION AND FOSTER CARE**

Featuring **Trust-Based Relational Intervention**® methods developed by Dr. Karyn Purvis and Dr. David Cross from the TCU Institute of Child Development to help bring attachment and connection in families.

This Prerecorded Simulcast is being Hosted by: Children's Service Society of Utah 655 East 4500 South, Suite 200, Salt Lake City, Utah 84107 cssutah.org Friday & Saturday April 28-29, 10 am - 6 pm Early Bird until March 1, \$50 (Couple \$80) or \$60 (Couple \$90)

This event is great for foster parents, adoptive parents, professionals, teachers, social workers, and anyone working with children from hard places. CEU's may be offered.

For more details and to register visit: eventbrite.com (search for Empowered to Connect Simulcast)

Questions? Email: liesl@cssutah.org Phone: 801-326-4391





CEU credits may be available to professionals

#### **USEE Happenings!**

Visit usee.org and apply today to participate in Utah Green Schools! Deadline is November 30, 2016.

(Deadline may be extended on a case by case basis.)





Join USEE for our upcoming workshops! We provide participants with ideas and resources to integrate environmental education into the classroom, while still meeting core curriculum requirements. All workshops below are eligible for USBE credit/relicensure hours!

Upcoming Workshops:

Project WET (K-12) November 19, 9:00am-3:00pm Location: Red Butte Garden \$0\* \*Red Butte Garden is pleased to offer this workshop at NO COST thanks to a generous grant provided by iSEE. Valued at \$35.

Project Learning Tree: Air Quality Theme with Breathe Utah (K-8) January 21, 9:00am-3:00pm Location: Natural History Museum of Utah \$35

Project Learning Tree: Arbor Day Theme (K-8) April 12, 9:00am-3:00pm Location: Red Butte Garden \$35

USEE now has Online Project Learning Tree workshops available!!

Visit usee.org for more information and to register.

Save the date!! Be a part of this wonderful conference, the Call for Proposals is now open! Go to usee.org for more information.





#### What is Help Me Grow Utah?

**Help Me Grow Utah** is a universal information and referral network connecting families and providers to community resources and child development information at **no cost**. More specifically, we offer

- Information on pregnancy, child development and parenting
- Referrals to community resources
- Developmental screening questionnaires (ASQ-3) for children ages 0-5 years old
- Postpartum Depression Screening (Edinburgh Postnatal Depression Scale) for mothers prenatally and postpartum
- Care coordination to ensure that families successfully connect with resources

Help Me Grow Utah supports prenatal parents and families with children through age 8. Offering services at no cost in both English & Spanish.

#### How can you connect families to us?

With parent permission, you can easily refer a family to Help Me Grow Utah

- Fill out a Help Me Grow referral form (available at helpmegrowutah.org)
- Fax the form to 801-374-2591

Eager to learn more?

Help Me Grow Utah has Community Liaisons throughout the state that are here to help you! Get connected with one today and they can

- Answer your resource questions
- Explain how Help Me Grow can help your agency
- Keep you informed of things going on in your community

#### Call 801-691-5322 to find a Community Liaison in your area today!

148 North 100 West , Provo, Utah 84601 p | 801 691 5322 f | 801 374 2591 . helpmegrowutah org

bringing childhood to life.



Serving young children and their families is what childcare programs are all about. You do what you do because you care. At the Bureau of Child Development in the Utah Department of Health, we understand that, we honor that, and we want to help you do it. Our Early Childhood Utah program currently offers two game-changing tools to assist you in the good work you're already doing. The Ages and Stages Questionnaire (ASQ) and the Strengthening Families Protective Factor Framework can help improve clarity and precision in your work with families.

The Bureau is offering to partner with interested childcare programs in the service of families; we provide access to training, materials, tools, and ongoing support in integrating the ASQ into your program. In addition to providing insight on how to work with a specific child in the moment, screening is the first step to identifying children who could benefit from additional services to improve their outcomes now and down the road.

We're also in the process of applying and adapting the Strengthening Families Protective Factors Framework to a variety of fields across the state. This strengths-based framework puts the work that we do with individual children every day in the larger context of the family, and what each partner, program, and provider contributes to that family's development of the five protective factors:

- Parental Resilience
- Social Connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

To learn more about either of these efforts, please reach out to your local Care About Childcare agency, or contact the Program Coordinator within the Bureau of Child Development, Justin Nuckles, directly at:

Justin Nuckles Email: <u>inuckles@utah.gov</u> Office: 801-273-2908 Cell: 385-232-6366



## Free Divorce Education for Children from Utah State Courts

When adults go through a divorce, there are programs available to assist them in making the transition, including a class offered through the Utah State Courts. But what about the children of divorcing parents? Nearly 12,000 Utah children are impacted by divorce each year, including more than 5,000 children in Salt Lake County. A gap exists between programs that are available for adults and classes available for children of divorcing parents. Because of this gap children are often left confused and full of mixed emotions when going through the divorce process.

To fill this need, the Utah State Courts has developed a program called Divorce Education for Children. This class is available for children ages 9 to 12 and offered free of charge. The program's curriculum provides children with skills they can use to better communicate their feelings to parents and is designed to minimize the adverse effects divorce has on children. Mental health professionals teach the class with assistance from state court judges and commissioners.

#### FREE Class Information:

The Divorce Education for Children class is available for children ages 9 to 12 and offered free of charge. The program is taught by a mental health professional and provides children with skills they can use to better communicate their feelings to parents and is designed to minimize the adverse effects divorce has on children. Classes are offered in Logan, Ogden, Provo and Salt Lake City.

To register your child or children for an upcoming Divorce Education for Children class in your area go to <u>www.utcourts.gov/specproj/dived/children.html</u>.

#### For more information please contact:

Suzy Lee at (801)578-3897 or suzyl@utcourts.gov

# Family Mealtimes

What every family needs!

#### ✓ Cook Together. Family-fun recipes are a great way to have quality time with the whole Why have Family Meals? family. Lowers risk of obesity ✓ **Be Creative!** Have the whole family Meals served are healthier create a table centerpiece. Improves school performance ✓ **Share Jobs.** For example, have the Reduces risk of drug and children set the table. alcohol use **Mix it up!** Have a picnic at a park or Improves communication between parent and child in your backyard. ✓ Extend your mealtime. Take a family BROUGHT TO YOU BY walk after eating. UTAH'S PUBLIC HEALTH J Too busy? Instead of dinner, plan a family breakfast! DEPARTMENTS Ideas for Have kids Serve low-fat Serve fruits & Make 1/2 Healthy help plan milkat veggies your grains & prepare mealtimes at each meal whole grains Meals: the meal

For more information on family mealtimes, visit UtahFamilyMeals.org

# Comida en Familia

#### ¡Lo qué toda familia necesita!

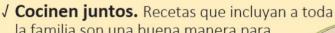
#### ¿Por qué comer en familia?

- Disminuye el riesgo de obesidad
- Los platillos son más saludables
- Mejora el desarrollo escolar
- Reduce el riesgo de uso de drogas y alcohol
- Mejora la comunicación entre padres e hijos

#### TRAÍDO A USTED POR LOS DEPARTAMENTOS DEL SALUD PÚBLICA DE UTAH

Ideas para comidas saludables:





la familia son una buena manera para compartir y disfrutar tiempos juntos.

- / ¡Sea creativo! Trabajen juntos para crear un centro de mesa.
- ✓ Comparta el trabajo. Por ejemplo, pida a sus hijos que pongan la mesa.
- / jCambie la cosas! Organice un día de campo en el parque o en patio.
- / Amplíe la hora de la cena. Camine con su familia después de cenar.
- ✓ ¿Muy ocupado? ¡En vez de cena, planee un desayuno!

Sirvafrutas y verduras con cada comida Permita que sus hijos organicen y preparen la comida

nita que shijos nicen y paren la mida

Asegúrese quela½ de los granos sean granos enteros

Para más información visite UtahFamilyMeals.org